



Join us and Warm Up America!



...knit or crochet afghans and clothing for people in need.



A Winning Program

Warm Up America! is a 501C3 charitable organization made up of volunteers across the country who knit and crochet handmade afghans and clothing for those in need. Whether they work alone or in groups with friends, family members, or co-workers, participants share a heightened sense of community spirit. Warm Up America! distributes hundreds of thousands of afghans each year to: American Red Cross Chapters • Children's Hospitals • Women's Shelters • Hospitals and Hospices • Veterans' Homes • Homeless Shelters • Social Services Agencies • Nursing Homes • AIDS Facilities, and other charities.

History

Warm Up America! was started in the early 1990s when Evie Rosen had the idea to donate colorful, patchwork afghans to homeless shelters. She gathered friends and customers in her yarn shop in Wausau, Wisconsin to knit and crochet 7" by 9" sections and asked others to join the pieces together. Within a year, a thousand volunteers had joined Evie's group and word spread to other states. By 1995, the program was an overwhelming success and Evie turned to the Craft Yarn Council, the yarn industry's trade association, for assistance. In 2002, Warm Up America! was incorporated as a 501C3 charitable foundation. Monetary donations are tax deductible.

WarmUpAmerica.org

For more details about Warm Up America!, visit the web site. There are hints about starting a Warm Up America! group, free patterns, assembly tips and much more. Learn what one 7" by 9" section can do to help someone in need!

Approximate number of squares it takes to make a blanket		
Type of Afghan	# of Squares	Completed Size
Baby	20	36" x 35"
Lap	25	45" x 35"
Child	36	54" x 42"
Adult	49	63" x 49"

Basic Warm Up America! Afghan Patterns

CROCHETING Pattern

Materials: medium-weight/worsted-weight acrylic yarn
Hook: 4 mm/G-6 or size necessary to obtain gauge
Gauge: 8 stitches = 2"
Finished size of each section: 7" by 9"



Single Crochet Section

Chain 29 for the foundation row.

Row 1: Single crochet in 2nd chain from hook, and in every chain in the foundation row. Chain 1 and turn your work.

Row 2: Working under the two top loops of each stitch in the previous row, single crochet across the row. Chain 1 and turn. Repeat Row 2 until piece measures 9". Fasten off .

KNITTING Pattern

Materials: medium-weight/worsted-weight acrylic yarn
Needle: 4.5 mm/7 or size necessary to obtain gauge
Gauge: 5 stitches = 1"
Finished size of each section: 7" by 9"



Garter Stitch Section

Cast on 35 stitches. Knit every row until piece measures 9". Bind off.

Assembly

To join sections, we recommend making strips first as follows:

Using a yarn needle and yarn, join rectangles by weaving or backstitching the seams together, or crochet them together using a single crochet stitch. To give an attractive, finished appearance to the afghan, many volunteers work two rows of single crochet around the edges.

Volunteers are encouraged to assemble and donate afghans in their own communities. Warm Up America! is a program for neighbors to help neighbors, however, sections and afghans also can be shipped directly to the Foundation for completion and distribution.

Warm Up America!
 469 Hospital Dr., 2nd Floor Suite E
 Gastonia, NC 28054

More Warm Up America! CROCHET Patterns

BASIC DOUBLE CROCHET

Chain 27 for the foundation chain.
Row 1: Double crochet in 3rd chain from hook and in each chain of the foundation row. Chain 2 and turn your work.
Row 2: Double crochet in each stitch across the row. Chain 2 and turn.
Repeat Row 2 until piece measures 9".
Fasten off.

SHELL STITCH

Chain 31 for the foundation chain. (This stitch requires multiples of 6 chains plus 1.)

Row 1: Work 3 double crochets in the 4th chain from the hook. *Skip 2 chains. Single crochet in the next chain. Skip 2 chains, then work 5 double crochets in the next chain.* (You've created your first shell.) Repeat the sequence of stitches between the asterisks (*) across the row, ending with skipping 2 chains and 1 single crochet in the last chain. Chain 3 and turn your work.

Row 2: Work 3 double crochets in the 1st single crochet. *Work 1 single crochet in the center double crochet of the next shell, work 1 shell of 5 double crochets in the next single crochet.* Repeat the sequence of stitches between the asterisks (*). End with 1 single crochet on top of the turning chain. Chain 3 and turn your work.

Repeat Row 2 until piece measures 9".
Fasten off.

FLYING "V's"

Chain 33 for the foundation chain.

Row 1: Double crochet, chain 2 and single crochet in the 4th chain from the hook. *Skip 2 chains, then work 2 double crochets, chain 2 and single crochet in the next chain.* Repeat the sequence between the asterisks across the row, ending with 1 double crochet in the last chain. Chain 2 and turn.

Row 2: Work 2 double crochets, chain 2 and then work 1 single crochet stitch in the first chain 2 space of the previous row and in each chain 2 space across the row, ending with 1 double crochet in the last chain. Chain 2 and turn.

Repeat Row 2 until piece measures 9".
Fasten off.

LITTLE SCALLOPS

Chain 33 for the foundation chain.

Row 1: Skip 2 chains, and double crochet into next chain. *Skip 2 chains and work 1 single crochet and 2 double crochets into the next chain.* Repeat the sequence of stitches between the asterisks until the last 3 chains. Skip 2 chains and single crochet into the last chain. Chain 1 and turn.

Row 2: Work 2 double crochets into the first stitch. *Skip 2 double crochets, then work a single crochet and 2 double crochets into the next single crochet.* Repeat the sequence between the asterisks until the last 3 stitches. Skip 2 double crochets and single crochet into the top of the turning chain. Chain 1 and turn.

Repeat Row 2 until piece measures 9".
Fasten off.

More Warm Up America! KNIT Patterns

SEED STITCH

Cast on 35 stitches.

Row 1: Knit 1 stitch, purl the next stitch, knit the next. Continue alternating stitches across the row.

Repeat this row until piece measures 9".
Bind off.

LINES

Cast on 35 stitches.

Row 1: Knit all stitches.

Row 2: Purl all stitches.

Row 3: Knit all stitches.

Row 4: Purl all stitches.

Row 5: Knit all stitches.

Row 6: Knit all stitches.

Repeat these 6 rows until the piece measures 9".
Bind off.

CABLE

Cast on 36 stitches.

Row 1: Purl 13 stitches, knit next 2 stitches, purl next 6, knit 2, and purl remaining 13 stitches.

Row 2: Knit 13 stitches, purl 2, knit 6, purl 2, and knit 13.

Row 3: Repeat Row 1.

Row 4: Knit 13 stitches, purl 2. Slip next 3 stitches onto cable needle, hold in back of work. Knit next 3 stitches, then knit the 3 stitches from the cable needle. Purl 2 and knit the remaining 13.

Row 5: Repeat Row 1.

Row 6: Repeat Row 2.

Row 7: Repeat Row 1.

Row 8: Repeat Row 2.

Repeat these 8 rows for 9".
Bind off in pattern.

SQUARES

Cast on 35 stitches.

Row 1: Knit 5 stitches, purl 5, knit 5. Alternate knitting 5 and purling 5 stitches across the row.

Row 2: Purl 5 stitches, knit 5, purl 5 and repeat pattern across the row.

Row 3: Repeat Row 1.

Row 4: Repeat Row 2.

Row 5: Repeat Row 1.

Row 6: Repeat Row 2.

Row 7: Repeat Row 2.

Row 8: Repeat Row 1.

Row 9: Repeat Row 2.

Row 10: Repeat Row 1.

Row 11: Repeat Row 2.

Row 12: Repeat Row 1.

Repeat these 12 rows until piece measures 9".
Bind off in pattern.